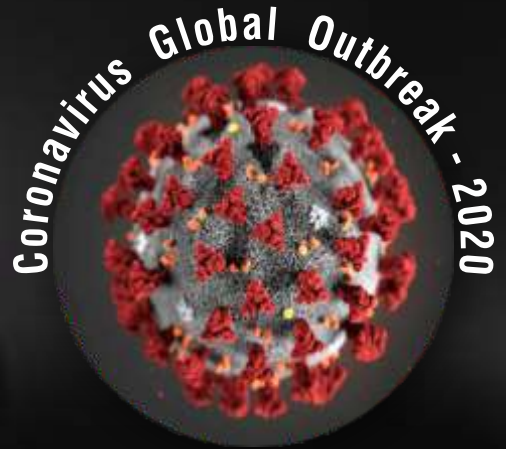




# IMA FOCUS

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**WORLD CANCER DAY**  
4<sup>th</sup> FEBRUARY



**You can be a victim of cancer, or a survivor of cancer.  
It's a mindset"**

**- Dave Pelzer**

**Congratulations to the winners of KMC Elections**

# IMA Participating in Pulse Polio Program



IMA Sullia



IMA Kodagu



IMA Sirsi



IMA Chikmagalur



IMA Bangalore



IMA Sirsi



IMA Bangalore



IMA Sullia



IMA Chikaballapur



IMA Gadag

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*Editorial*

Dear esteemed members,  
***"Greetings and best wishes"***

By this time of the year, the pressure of New Year resolutions have either incorporated themselves into healthy habits or have been dropped by the wayside. There is change in the air, this time of the year and we can see this manifested in certain festivals. Hearty congratulations to all the winners of KMC elections!!! We hope to see the KMC as a quasi-judiciary body with friendly attitudes & policies towards medical fraternity. Wish you good luck!

***Do doctors die young, and why?***

A senior neurologist from Nizam's Institute of Medical Sciences, Dr. Meena AK, 54-year-old, suffered a massive cardiac arrest while speaking at the Neurology Conference in London. In another incident, a 36-year-old gynaecologist, Satya Ramana, collapsed after completing a surgery in Nalgonda and succumbed. Dr. Anil HT, HOD of ENT at KIMS 50-year-old, dies of MI after playing Badminton. All these incidents were reported in a span of one week, raising questions about the health condition of doctors which is often neglected. Previous studies have shown that a major cause of death among doctors is cardiac arrest, followed by brain stroke and suicide. In all these cases, the sudden event is believed to have been triggered by stress and ignoring crucial symptoms.

Last month, a national daily published the results of a study conducted by the research cell of the IMA in Kerala, which seemed to suggest that doctors, who are supposed to be professionals helping people live longer, die young compared to members of the general public. The mean age of death of a common man is 74.9 years whereas that of a doctor is 61.75 years! The mortality pattern among doctors enrolled for the State IMA's Social Security Scheme was analysed in this 10-year study period titled 'Physicians' Mortality Data from 2007-2017. Of the 10000 doctors, 282 died during the study period. Of this 87% were men and almost 27% died of Heart Disease. The study went viral in the social media, especially in the Doctors' group!

***The mismatch between personal and professional life of Doctors is extremely high.***

After much water has flowed under the bridge, one can vouch for the fact that, STRESS- without a doubt, is the prime culprit. The nature of job – long hours and heavy patient loads is an obvious source of stress. At the outset of our careers, we have learnt to deal with difficult patients and relatives, often in hectic and trying environments. Dealing with issues of death, dying



and suffering may take an emotional toll. Surgeons are known to be under a lot of stress as their work is result oriented. For that matter, no procedure is without risk and there is no guarantee – that commodity many patients and their families seek from the doctor.

Commercialisation and corporatization of hospitals and inadequate communication with patients add to the problem. The doctors are caught up in cut throat competition brought about by the mushrooming of hospitals offering quality care, especially in the corporate sector. 'Healthcare' is no more a purely noble undertaking. Doctors are also under stress to keep themselves updated and well informed of the rapid changes sweeping across the world of medicine. Patients and their families, before consulting the doctor, are well informed of the disease in question and the treatment options, thanks to a wealth of information available on the Internet! Doctors in public service may feel a lack of control over factors like work schedules or workloads, or having to cope with lack of resources. On the other hand, those in private practice may face isolation, both physically and psychologically.

In healthcare, cure or failure to cure do not follow a predictable course. Doctors need to be smart on their feet, but at the same time honest, and down-to-earth, patient and empathetic. Stress in doctors matters because it leads to “casualties” among colleagues, including burnout, emotional exhaustion, disillusionment, a lack of personal accomplishment, depression, anxiety and drug / alcohol abuse or dependence. Stress may manifest as psychological / emotional changes, physical symptoms, behavioral issues or organizational problems.

***“The young doctor should look about early for an avocation, a pastime that will take him away from patients, pills and potions.”***

Efforts to prevent the ill-effects of stress should begin at the earliest stages of medical training. For junior doctors, adequate supervision and support along with realistic working hours and healthy work-life balance, ought to be encouraged. Medical training should include helping doctors recognize their own limitations and develop skills to better track how stress affects their well being and professional practice. Stress reduction techniques include elements of deep breathing, muscle relaxation, mindfulness and meditation. Exercise and physical activity stimulate the production of endorphins and counter the deleterious effects that stress has on the immune system.

For some doctors, a stressful professional life has become a longstanding and deeply ingrained habit. The reality is that there are provocative choices that we can make especially when we realize that negative effects have already begun to set in. Change may not come easily but the patience, persistence and commitment required would be worthwhile across all areas of life. Doctors should not be more ambitious. They should involve themselves with social activities and take family time. Our body is our asset/liability, which no one else can share.

**Pranayama – for Lungs**

**Yoga – for Body**

**Good food – for Intestines**

**Meditation – for Mind**

**Walking – for Heart**

**Good thoughts – for Soul**

**Good karma – for World.**

Always in the Service of fraternity....

**Long live IMA.**

**- Dr Anita N Rao**



## *President's Message*

Dear respected members of IMA

A warm regards from IMA KSB.

Congratulations and great wishes and prayers to our newly elected Karnataka Medical Council members.

May they be guided by the grace of the almighty to lead our council out of perils and into prosperous future. They should be able to implement all those initiatives and pledges that they made in their campaign leaflets. IMA wishes them to be the agents for change that they promised us. IMA KSB promises to be with KMC in all its pro professional endeavors.

Along with our Honorary Secretary, myself attended the State President and Secretaries meet held at New Delhi IMA Head Quarters on 11th & 12th of 2020. Our states report was presented to the august audience wherein many appreciated our unique programmes like "IMA Nadige Sainikara Kadege", and our recent fight against Harassment on medical professionals. The interaction with many state leaders resulted in exchange of ideas wherein the GOA state IMA took leaf out our Karnataka state SOP and succeeded in implementing the same in their state recently.

The new concept of mutual benefit plan of IMA KPPS was very much applauded by the members.

I request all the members to join the welfare schemes of IMA KSB like IMA KSHS, IMA KSSS and IMA KPPS.

I request all the state working committee members to attend the forthcoming IMA KSB working committee meeting to be held at Bengaluru on 16-02/2020 without fail.

**Long Live IMA**

**- Dr. Madhusudana Kariganur**

*Secretary's Desk*

Dear IMA members

I wish you all happy Makara Sankranthi and happy Republic Day.

Hope everyone is doing well. My heart felt congratulations to our IMA leaders Dr. Honnegowda, Dr. Yogananda Reddy, Dr. Ravindra R, Dr. Pavan, Dr. Karbhari, Dr. Ravindra H.N., Dr. Veerabadraiah, Dr. Ravi N, and Dr. Ravi K, Dr. Sorgavi, Dr. Sudhindra, Dr. Shanthesh for winning KMC elections. I also congratulate our Vice President Dr. G. K. Bhat and others for getting nominated for KMC from the government.

Our greatest victory is in getting voting rights for all our IMA members who hadn't renewed their KMC registrations.

I should appreciate the returning officer of the KMC elections for conducting the elections in very effective and systematic way.

We will have state working Committee meeting on 16th February at IMA house Bangalore. I request all SWC members to attend and involve actively.

Hope all our local IMA branches celebrated Republic Day and anti leprosy day. I request all the Presidents and secretaries to observe all important days of IMA and to report without fail.

I once again request all our IMA friends to mobilise the doctor friends to become IMA members, if we want to increase our strength we have to increase our membership number, also request our members to enroll to KPPS and KSSS and utilise the benefits.

I wish all my dear IMA members and families again happy and prosperous new year.

**Jai Hind.      Jai IMA.**

**- Dr. S. Srinivasa**

## Safeguarding oneself from Corona Virus Infection

- Dr. V.C. Shanmuganandan

WHO declared the outbreak a Public Health Emergency of international concern. Mother Nature maintains a delicate balance, whereby all living creatures can live in harmony. The Homosapiens, who are the most highly evolved species, sometimes become responsible for disturbing the delicate balance of nature and the result is the emergence of a new disease, as we are witnessing now the 2019 –nCo V infection. Earlier instance of SARS in 2003. Any new causative agent introduced into the population is bound to cause havoc, because of lack of immunity to that agent in the population. Once in a decade, a zoonotic coronavirus crosses species to infect the human populations.



The 2019 –nCoV was first identified in mid December 2019 in persons exposed to sea food or wet market in Wuhan, the capital of Hubei province in China. The Corona Virus is an envelope, positive sense, single stranded RNA Virus.

Due to international travel, the virus has swiftly spread to several countries and as of now more than 20 countries have reported positive cases with no deaths so far outside mainland China. The corona virus which are the commonest causative agents common cold and other upper respiratory infections are zoonotic infecting certain animals and spreading from one animal to other but when mutation occur a coronavirus can potentially spread to humans. In late December 2019, China reported a collection of cases of viral pneumonia to the World Health Organisation.

### SYMPTOMS OF CORONA VIRUS INFECTION

Cough, possibly with fever, sore throat and shortness of breath. Non-respiratory symptoms include, Nausea, Vomiting or Diarrhoea. Many people recover within a few days. On the other hand, in the very young, elderly and in those who are immune compromised the infection could become more serious and progress to Pneumonia.

Currently, there are no approved anti-virals for this particular corona virus and treatment is only supportive. For the seriously ill patients, aggressive care in an intensive care unit can be life saving. The corona virus spreads through droplets

containing large particles which can remain suspended in the air for 3 to 6 feet before dissipating, in contrast to measles or varicella virus which spread through smaller droplets over much greater distances.

Therefore, the key to arrest the spread of this virus is to follow the basic infectious disease principles.

Broad principles of management of Corona Virus outbreak:

- Screening at Airports for symptomatics
- Quarantining symptomatics for two weeks
- Timely Diagnosis

✓ <b>DO's</b>	✓ <b>DON'T's</b>
<ul style="list-style-type: none"> <li>✓ Observe good personal hygiene</li> <li>✓ Develop the habit of washing hands with soap frequently</li> <li>✓ While coughing or sneezing, do cover your mouth.</li> <li>✓ In case you have respiratory symptoms such as cough or running nose, wear a mask.</li> <li>✓ In case of symptoms pertaining to sever respiratory issues, seek medical help immediately.</li> <li>✓ If you feel sick while travelling in a flight back to India, don't hesitate to inform airline crew about illness.</li> </ul>	<ul style="list-style-type: none"> <li>✓ If you are not feeling good, don't travel.</li> <li>✓ For the moment, avoid travelling to China or any cites across the country as it is the epicentre of viral infection.</li> <li>✓ Avoid close contact with people who are unwell or showing symptoms of illness, such as cough, running nose, etc.</li> <li>✓ Keep away from live animals who could be carrier of the virus.</li> <li>✓ Avoid consumptions of raw / undercooked meats for sometime.</li> <li>✓ Don't travel to farms, live animal markets or where animals are slaughtered.</li> </ul>

- Strict adherence to universal precautions.



## BRANCH ACTIVITIES

**Branch: Baglkot**

**President: Dr.B.K.Bhavi**

**Secretary: Dr.Sujaya Heranjal**

On 05/01/2020: Bagalkot IMA in association with other Voluntary Organisations conducted Blood Donation Awareness and Voluntary Blood Donation Camp at District Hospital, Bagalkot. The programme was inaugurated by Assistant Commissioner of Bagalkot, DHO Dr A N Desai, District Surgoen Dr Prakash Biradar, President Bagalkot IMA Dr B K Bhavi, Lions President Dr Raghavendra Vanaki, District Chairman Red Cross Society Anand Jigajinni, Rotary Secretary Santosh Murnal. On 11/01/2020: Bagalkot IMA in association with BGS Gleneagles Global Hospital, Bengaluru organised a CME programme on “MULTI-ORGAN TRANSPLANT”. The speakers were Dr.Karan (Consultant Hepatologist), Dr Sunil shenvi(Liver & HPB Transplant Surgoen), Dr.Bhaskar (Cardio-Pulmonary Transplant Surgoen) at Hari Priya Hotel, Bagalkot. On 12/01/2020: On the eve of National Youth Day Bagalkot IMA in association with S.R. Patil Education Foundation, Badagandi and Department of Health & Family Welfare, Bagalkot had arranged a “Youth Activity Program” for High School & Junior College Students of Bapuji International School, Badagandi (Tq. Bilagi). Dr Ravi, MS Psychiatry spoke on “Stress Management” & Shri S M Kumbar spoke on “Personality Development & Preparation for examinations”. On 19/01/2020: Bagalkot IMA actively participated in the Pulse Polio Immunisation Programme. Inaugarated by Shri Veeranna Charanthimath, MLA & other officials from the Health Department. On Membership Enrolment: Bagalkot IMA has strengthened itself by making 13 more new members. We have enrolled 3 members Dr Sushruth/ Dr Niveditha Bhavi & Dr S C Patil in to IMA-KSSS & 5 members Dr Arun Miskin & family in to IMA-KSHS. Presentations: Dr Sandeep Huilgol member of Bagalkot IMA presented a talk on “ Medical Management Of Diabetes Mellitus with End stage Renal Disease” at DIACON 2019 and also moderated a panel discussion on “ Diabetes Mellitus & it’s complications”. Dr Kshamata Kerudi & Dr Veeranna Lokapur members of Bagalkot IMA were panelist’s of the same panel discussion at DIACON 2019 at Vijayapura. Extracurricular: Dr Sujay Heranjal(Secretary, Bagalkot IMA) & partner secured 2nd runners up trophy at FRCS’s Men’s Doubles Tennis Tournament at Sindhanur on 18 & 19th Jan, 2020 in 35+ age category. Dr Bhimashankar, Dr Vikas Daddenavar, Dr Prakash Lazmi & Dr Anil Kanade members of Bagalkot IMA also participated in the tennis tournament at Sindhanur.

**Branch: Ballari:**

**President: Dr.N.Srinivas**

**Secretary: Dr.H.S.Govrdhana Reddy**

On 18.01.2020 CME - “Updates in TB “ was conducted in association with district TB centre at Hotel Nakshatra, Ballari. Our Joint Secretary Dr Srikant BK won a First price in Hampi utsav photography competition held on 12-Jan 2020. Team IMA Ballari were Runners up as A part of box cricket organised by round table, Ballari. Our President Dr Arun SK has a great honour to judge the photography contest at Hampi Utsav -2020

**Branch: Bengaluru**      **President: Dr.A.S.Venkatachalapathy**  
**Secretaries: Dr. G.M. Puttamadaiah &**  
**Dr.B.P.Karunakara**

CME programme was conducted on Saturday the 18.01.2020. Topic: "Vistas of Viladagliptin " by Dr.B.R.Shiva Kumar, (2). "Financial Wellness" by Mr.Dattatreya & Anil Kumar. On 19.01.2020 : IMA Bangalore Branch in Association with CSI &MERT conducted PHGL & CSI Lecture. The function was presided over by President, Dr. Venkatachalapthy A.S . Dr.Karthik R.S. Consultant, Internentional Cardiology, Aster R.V. Hospital, J.P. Nagar, Bangalore spoke on "Measures to Prevent Cardiac Disease". Dr.Madhu M.P. Consultant, Medical Gastroenterology, Aster R.V. Hospital, J.P.Nagar, Bangalore spoke on "Common Gastrointestinal Problems" On 19. 01.2020. IMA Bangalore Branch in association B B M P conducted Pulse polio Immunisation programme at Kalisapalya Bus stand Bangalore. About 89 children were immunised On 19.01.2020: IMA Bangalore Branch in association with B B M P conducted Pulse polio Immunisation programme at Kalisapalya Bus stand Bangalore. About 89 children were immunized.

**Branch: Chikkaballapura**      **President: Dr.Prashanth S.Murthy**      **Secretary: Dr.Madhuvan.H.S.**

Free Hernia Surgical camp: IMA Chickaballapur is proud to conduct a free hernia surgical camp for poor and needy patients in the locality. The first of its kind from our branch. It was conducted in association with Surgical Society of Bangalore, Association of Surgeons of India, Indian Society of Anesthesiologists. A screening camp was done on 03-01-2020 with a formal inauguration program, which was presided by our Branch President, District Health Officer-Chickaballapur Dist, President- Bangalore Surgical Society, Chairman and Secretary of KSC-ASI. Around 16 patients with Hernia (Inguinal, Umbilical, Congenital) were operated on 05-01-2020 at 5 hospitals and nursing homes in Chickaballapur by Surgeons from Bengaluru and Chickaballapur. Surgeries were done free of cost including investigations, mesh, suture materials, drugs and disposables. Surgeries went on well, perioperative and postoperative period was uneventful and patients were discharged after two days. Pulse polio Program: IMA Chickaballapur actively participated in Pulse polio program on 19-01-2020. As a part of Govt initiative we vaccinated kids less than 5yeras of age with two drops of polio vaccine.

**Branch: Gadag**      **President: Dr.Radhika U. Kulkarni**      **Secretary: Dr.Bharathkumar G. Bidinahal**

On 21st December 2019: President Dr Radhika Kulkarni talked on "Health issues in women" at Rameshwara temple Betageri-Gadag. 150 ladies attended the program. On 22nd December 2019: CME on Diabetes Mellitus was conducted in IMA Gadag. 12 speakers from all specialities talked on various aspects of Diabetes Mellitus and its complications and management. 80 Doctors attended the CME. On 25th December 2019: "Vaidyara Nade Holada Kade" Yella Amavase was celebrated in Dr G.B Bidinihal Farm and Dr D.V Kulkarni Farm at Menasigi. Farmers were facilitated. 50 doctors and 300 farmers attended the function. On 25th December 2019: Christmas was celebrated with the orphans children of Prema Nilaya. Rs.35000/- was donated by the Gadag IMA

Doctors to the Orphanage. 40 doctors attended the function. On 26th December 2019: CPR demonstration program was conducted by Dr Guruprasad in “Bhajrangdal Personality development program” and Dr D.V Kulkarni gave a talk on AIDS. The program was held in Sortur. 200 people attended the program. On 28th December 2019: CME on “Recent Updates in Infertility and IVF” was conducted at IMA Hall Gadag. Dr Shailesh Gokavi was the Guest speaker. 60 Doctors attended the function. On 28th December 2019: Dr Pavan Patil, and Dr Sunita Kuradagi were given Presidential Appreciation Award, in the IMA National conference” held in Kolkata. On 1st January 2020: Dr Tabussum, Dr Aruntati Kulkarni and Dr Shruti Patil conducted “Contraception Awareness Program” for Asha workers in D.C Office Gadag. 150 Asha workers attended the program. On 2nd January 2020: Board meeting was conducted in IMA. Discussion about IMA Site project and Social Activities were discussed. 50 board members attended the meeting. On 4th January 2020: IMA Gadag Branch president Dr Radhika Kulkarni was facilitated in “Gadag Brahmin marriage Matrimony. She gave a talk about “Role of Mother in the family”. 300 parents with their children attended the function. On 5th January 2020: IMA Gadag, President Dr Radhika Kulkarni inaugurated the cultural event “Mane Angaladali Sahitya”. She spoke about the importance of culture in today’s modern life. 4 upcoming artists were honoured. 100 people attended the function. On 5th January 2020: Dr R.T Pawadshettar was the Chief Guest in the Blood Donation Camp conducted by “Graha Rakshana Dala, and Rotary Gadag-Betageri at Rotary Eyecare Centre. 28 people donated Blood. 100 people attended the camp. On 11th January 2020: IMA New Year 2020 – “Jaadu ki Jappi” was celebrated along with IMA Gadag Blood Bank. Mr. Prahlad Acharya conducted a Shadow play, ventriloquism and magic show. 300 people along with their family attended the function. On 15th January 2020: Free Blood Donation Camp was conducted in J.T College, IMA Gadag Blood bank along with District Health and Family Welfare and Red Ribbon Club. 65 students donated blood. Free blood grouping was done for 300 students. Dr. RT Pawadshetter was the guest of the event. On 15th January 2020: International Community Service Day was celebrated in Dr Kulkarni’s Hospital, MA President Dr Radhika Kulkarni and Dr Uday Kulkarni gave advice to the patients and relatives about the importance of maintaining hygiene and keeping the environment clean. Around 60 people attended the function. On 19th January 2020: Pulse polio program was conducted in GIMS. Dr Arundati Kulkarni initiated the polio drive in Gadag District Hospital. 20th January 2020: A talk on Adolescent Health and management of Hygiene was given by Dr Sadiqua Noorani in KVSR College. Dr Shruti Patil, Secretary of GOGS was also one of the guests. Around 100 students attended the event. IMA Gadag Blood Bank activities: For the Month from 21st December 2019 to 20th January 2020: Total number of camps conducted: 2, Total Number of Bags collected: 292, Total Number of whole blood issued: 78, Total Number of PRBC: 191, Total Number of FFP: :41

**Branch: Gangavathi****President: Dr. C.B.Chiniwal****Secretary: DR.Basavaraj Singanal**

On 21.12.2019: Free Mammography screening camp was conducted. In association with Poornasudha Cancer foundation and Lions club Gangavathi conducted free mammography

screening camp in Siddapur village of Gangavathi Taluk. A total of 88 cases were screened for breast cancer. On 22.12.2019: Mega Health Check Up camp. In association with Lions Club Gangavathi conducted a mega health checkup camp. All the specialities were present in the camp. A total of 2511 patients were examined and treated in the camp. Around 280 ECGs, 80 ECHO, 42 USG, 350 Blood investigations and 500 spectacles distribution were done completely free of cost. Blood donation camp was also done in the same event. On 02/01/2020: Emergency meeting was conducted by the IMA in view of harassment of the doctor and hospital staff in the private nursing home in Gangavathi by the patient's attenders. On 05/01/2020: CME on Recent Advances in Tuberculosis Treatment was conducted by IMA in association with DHO Koppal. On 06/01/2020: Kishkindha Heritage Ride: IMA members participated in the heritage bicycle ride during Anegundi Utsav-2020 to create awareness about the monuments around Anegundi & Kishkindha region. On 09/01/2020: A guest lecture was conducted by the international faculty Dr. B. N. Vinod Senior ICU consultant & Head of Cardiac ICU, Alfred Hospital, Melbourne. The topic was: Role of Echocardiography in critical care patients.

**Branch: Jamkhandi**

**President: Dr.H.G.Daddi**

**Secretary: U.S.Biradr**

On 01-12-2019 World AIDS Day celebrated by holding a Jatha. Local health department, schools, colleges and other NGO's participated in Jatha. On 01-12-2019A function was held at local Junior College for creating awareness on HIV / AIDS. On 16-01-2020 Meeting at Assistant Commissioner Office to discuss about the pulse polio programme. General body meeting to discuss the following subjects : Ayushman Bharat - Karnataka Arogya Scheme. KMC Elections. Problems faced by local IMA members (Harassment). Distribution of Blankets. On 19-01-2020 Participation in Pulse Polio Programme Jatha by Rotary Interact Club and Function.

**Branch: Mangaluru**

**President: Dr.Annaiyah Kulal M. Ulthur**

**Secretary: Dr.Rashmi Kundapur**

January 2020, IMA Mangaluru with metropolis health care Ltd Mangalore conducted CME on " update on lab services" The CME was about making a difference for liver and its treatment through investigation. There was information on Irhal aspects pertaining to doctors by Dr.Yogananda Reddy. Dr. Ravikumar H.N explained various updated version in lab services. IMA Mangaluru President Dr.Annayya Kulal welcomed the gathering, Jt. Secretary Dr.Shyam Kishore conducted the programme and thanked the august gathering. Treasurer Dr.G.K.Bhat Sankabethalu was present.

**Branch: Mundargi**

**President: Dr.Annadani M.Meti**

**Secretary:Dr.Prakash Hosmani**

On 12-01-2020: CME programme. Topic: Occupational hazards of doctors. Speaker-Dr Nagapur. On 26-01-2020.-Republic day celebration & G B meeting. On 31-01-2020 A health awareness talk to NWKSRTC employees regarding occupational diseases for drivers , conductors, & mechanics.

**Branch: Mandya****President: Dr.T.N.Marigowda****Secretary: Dr.M.Vinay**

On 18.01.2020 Continued Medical Education Latest Advances in Gastrointestinal & Liver Care Apollo BGS Hospital. On 22.01.2020 Continued Medical Education Latest Advances in Gastrointestinal Surgery by Dr Lokesh, H.M. Microwave Ablation for Varicose Veins by Dr Shailesh S.P, Narayana Multi Speciality Hospital Mysore. On 24.01.2020 Hypertension & Diabetes Screening Camp in Tamil Colony Slum, Nehrunagar, Mandya. On 26.01 2020 Republic Day Celebrations Flag Hoisting, National Anthem & Sweet Distribution. President of IMA Mandya Branch inaugurating the Instalation Ceremony of the OBG Association of Mandya district and the OBG task force against atrocities by patients attendents.

**Branch: Nelamangala****President: Dr.M.Jayaprasad****Secretary: Dr.S.Rajendraprasad**

On 10.01.2020 Dr. Srinivas B.J. Consultant Oncologist, HCG, Bangalore, Spoke on "Immunotherapy in Lung Cancer", and Dr. Lohith Reddy G. Consultant Radiation Oncologist, HCG, Bangalore, Spoke on "Recent Advances in Radiation Oncology".

**Branch : Raichur****President:****Secretary:**

On 24.12.2019 IMA Blood Bank Raichur a Blood Donation Camp was conducted. In association with Reliance Jio Raichur, 15 blood units collected. On 28.12.2019 IMA Blood Bank Raichur conducted a Blood Donation Camp. In association with Red Cross Raichur 06 blood units collected. On 18-01-2020 IMA Blood Bank Raichur conducted a Blood Donation Camp. In association with Jio Life Foundation Raichur, 24 blood units collected. On 20-12-2019 at Lingasugur and on 12-01-2020 at Sindhanur IMA Raichur RIMACT Facility conducted Orientation session on "Bio Medical Waste Management" at Lingasugur and Sindhanur thaluks. , Presentation was interactive with demonstration of common practices and correction of common misconceptions and mistakes made during BMW management. Special attention was given on sharp and highly infectious waste like Blood and Body Fluid. Presentation ended with Q & A session. Around 85 Doctors from different Hospitals, Nursing Home, Clinics, Polyclinic, across Lingasugur and Sindhanu and 120 Paramedical staff from these centers involved in BMW Management attended the programme. Quiz competition was conducted by Raichur IMA at IMA hall on 19/1/2020. About 15 schools participated ,Race concept school won first prize and Adam school were runner up cash prize,trophy and certificates were given by President Dr. MAHALINGAPPA B, Secretary Dr Anirudh C kulkarni. Dr Shailesh gave saplings to all participants.

**Branch: Sirsi****President: Dr Raghavendra Udupa****Secretary : Dr Tanushree Hegde**

On 21.12.2019 Dr Ravikiran Patwardhan gave a awareness talk on blood donation at ganiga samudaya bhavan. On 22.12.2019 Dr Vishwanath Ankad gave a eye donation awareness talk at a mega health check up camp at Siddapur. On 31.12.2019 Dr Dinesh Hegde participated in Health awareness program on Substance abuse and drug addiction in Biluru high school & junior college .



More than 300 children got the benefit. On 30.12.2019 Dr Vishwanath Ankad gave a eye donation awareness talk at Gayatri balaga. On IMA Doctors presented a Yoga performance depicting different asanas and its uses at Rotary conference in Hubli. On Dr Tanushree Hegde wrote a newspaper article on eye safety during solar eclipse. Academic activities : On 22.12.2019 Continued staff training session on asepsis and sterilisation by Dr Kishore Pawar and session on quality control by Dr Madhukeshwar was held On 28.12.2019 Continued staff training session was conducted by Dr Krishnamoorthy Raysad on Surgical Safety and Protocols. On 18.01.2020 A CME on plastic surgery Spectrum and its applications was held in association with Swastika Hospital Shivamogga. Dr Praveenkumar HP ,Consultant plastic and Microvascular surgeon was the guest speaker. Social service programs: 22.12.2019 A mega health check up and blood donation camp was held at Siddapur in association with NGOs .more than 300 people benefited. On 05.01.2020 Dr Shanta Bhat took part in breast cancer awareness program arranged at Arekatta, near Vanalli in association with Lioness club Sirsi.48 ladies were examined and taught about monthly self breast examination. On 22.12.2020 PGH IMA Lifeline blood bank blood donation camps held at siddapur 15 units collected, On 27/12/19 at Mundgod 45 units collected. On 17.01/2020 at near Ramanagar 10 units collected. On 19.01.2020 IMA SIRSI actively participated in Pulse Polio program. NICU ,the Rotary IMA joint venture with PG Hospital ,Sirsi provided free neonatal intensive care to the needy neonates. Extracurricular activities: Dr Kailash Pai and Dr Dinesh Hegde won medals in rotary district sports held on 21, 22 of December 2019. Dr Vinayak subramanian and Dr Balachandra won medals at Government doctors sports meet.

**Branch: Sullia**

**President :Dr Shri Krishna B N**

**Secretary : Dr Ravishankara S**

On 8/1/2020: CME Programme : CME conducted on “Management of hand injuries” by Dr.Roshan S. D , Associate professor in Orthopaedics. KVG medical college Sullia. Dr. Subramanya Sullia THO gave informative talk on “Pulse polio programme”. Health camp - Number of camps conducted – THREE. On 31.12.2019 Participated in free eye camp at PHC Panaje. On 16.01.2020. Free health camp at Vivek private school, Ajjavara. There were 100 children examined by ENT, Dermatology, Paediatrics and General practitioner. On 19.01.2020.Free health camp at Vanavasi ashrama school(orphanage school), Adkar 3. Children examined and free drugs supplied. 6. Health education Programme were conducted (1). On 29/12/2019. Health talk was given on “Communicative diseases” at higher primary school Kuntikana, Kolthige by Dr.Amith Kumar, (2). On 29/12/2019. Talk on “health and hygiene” to high school girls at Shri Sathya Sai School, Chokkady by Dr.Sai Geetha (3). On 7/1/2020 Health talk to NSS cadets at Narkodu govt higher primary school, Alettiy by Dr.Sai Geetha (4) On 24/12/2019 Health informative lecture on CPR-BLS was given at Rotary school by Dr.Tara Roshan, Anesthetist. One Members of IMA Sullia branch actively involved in pulse polio awareness jatha, a road show on 18/1/2020.This programme was conducted in association with ZP Dakshina kannada, CHC Sullia and KVGMC.

## CME Programs by Local Branches



IMA Sullia



IMA Bagalkot CME



IMA Kolar CME



IMA Hasan CME



IMA Chikaballapur



IMA Sullia



IMA Thipatur



IMA North Bangalore



IMA Thipatur



IMA Bagalkot

A bee produces only 1/12 of a teaspoon of honey during its entire lifetime.



### Sports & Social Activities





## Health check up and Blood Donation Camps



IMA Thirupur



IMA Bagalkot



IMA Udupi Karavali



IMA Mandya Health Camp



IMA Gadag



IMA Raichur Blood donation camp



IMA Yadagiri



IMA Shimoga Blood donation camp



IMA Sullia



IMA Gangavathi Health camp



IMA Gadag



IMA Bangalore

25% of the weight of your old pillow is from dust and dust mites.



## Republic Day Celebration



Rice is the staple food for 50% of the world's population.





## NEW YEAR CELEBRATIONS



More people are allergic to cow's milk than any other food.





**Branch : Soraba****President : Dr. M.K.Bhat****Secretary : Dr. Syed Hasman**

Indian Medical Association Sorab organized mega eye camp on 24 the December in Govt hospital Sorab. 72 people screened 32 cataracts selected for operation. Thanks to Shankar eye hospital Shimoga

**Branch:Udupi-Karawali****President:****Secretary: Dr Prakash Bhat**

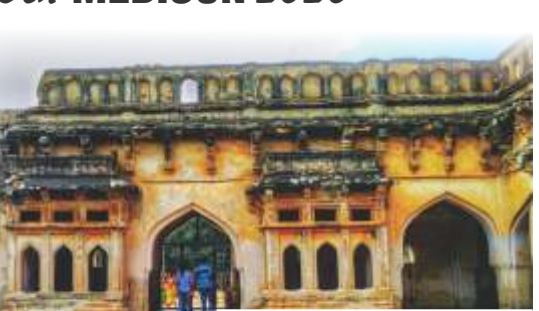
On 25/12/2019: Blood donation camp: IMA Udupi Karavali in Association with Redcross society Udupi and Lion's Club Udupi arranged blood donation camp. Dr. Vijaya Ballal Dharmadarshi Ambalpadu Sri Janardhana Mahakali Temple inaugurated the camp. Dr. Umesh Prabhu presided over the function. In total 90 bottles of blood donated by donors and given to Red cross society Blood bank Kundapur. On 01/01/2020 Alcoholic De-addiction camp by IMA, Udupi-Karavali in January 2020: IMA Udupi Karavali along with Dr. A V Baliga memorial Hospital and Haji Abdulla Charitable Trust arranged Alcoholic de-addicted camp at AV Baliga Hospital Udupi from 01.01.2020 to 10.01.2020, District commissioner of Udupi district G Jagadish inaugurated the camp, insisting importance of De-addiction of Alcohol and Drug. Dr. Umesh Prabhu presided over the function. Around 40 members from the public are participating in de-addiction camp. On 02.01.2020 Official visit of IMA KSB President Dr. Madhusudan Kariganuru: On 02/01/2020 Dr. Madhusudan Kariganuru President, IMA KSB, visited IMA Udupi –Karavali branch. He was accompanied by. Dr. K.S Karanth CWC Member, Dr. G K Bhat, CWC member, Dr. Suresh Kudva, CWC member and Dr. Y S Rao District Coordinator, IMA Udupi District. Dr. Madhusudan Kariganuru on his address stressed need for unity among the IMA member. He also detailed Doctor family beneficial Karnataka Social security scheme (KSSS) and Karnataka Professional Protection Scheme (KPPS). He highlighted the importance of IMA in KMC activities and its election to be held on 23.01.2020. He stressed the need of IMA to adopt Government school ,free treatment for the needy and poor patients and community projects helping the local public. sixty IMA members attended the meeting. Valedictory function of De-addiction camp on 10.01.2020: From January 1st of 2020 to 10.01.2020 Alcoholic De-addiction camp was held by IMA Udupi Karavali in association with Kamala V Baliga Charitable trust. Dr. Umesh Prabhu President IMA Udupi Karavali was chief guest for inaugural function on 01.01.2020. Dr. Prakash Bhat was present at valedictory program on 10.01.2020. Totally 40 patients of chronic alcoholics were benefitted from the camp. Dr. P V Bhandary Director of A.V Baliga Memorial Hospital was the chief of this camp. Family picnic from IMA Udupi Karavali on 12/01/2020. IMA Udupi – Karavali family Picnic was held on 12/01/2020 to Westernghat resort Ekkodlu, Near Hebri. Around 100 (one hundred) family members participated. Tractor ride, Jeep ride, cockfight and special games were arranged. Music and songs from family members and a magic show was arranged. Special prize was distributed for various events arranged in this occasion. Blood camp on 15/01/2020 at Udupi: Blood camp arranged by Muslim welfare association and KMC Manipal on 15/01/2020 where Udupi IMA President Dr. Umesh Prabhu stressed the importance of blood donation during emergencies for critical health care of patients. KMC, Manipal blood bank officer Dr. Prathika and Muslim welfare association President V.S Ummer were presents during the function.



# Places to Visit During 86th MEDICON 2020



*Kumaraswamy Temple*



*Queens Palace Hampzi*



*Jindal Visit*



*Hampi Lotus Mahal*



*Jindal Factory*



*Daroji Bear sanctuary*



*Narihalla*



*Virupaksha Temple*



*Bellary Fort*

To make one liter of honey you will need the nectar from about 10 million flowers.



## Upcoming IMA Karnataka State Conference

# 86th Medicon-2020

Hosted by IMA Siruguppa

at Vidyanagar Township-Jindal- Toranagallu in October -2020

Near by places to visit:



Hampi -30kms



Sandur -18kms



TB Dam -30kms

Travel Comfort

Airport - 1kms, Railway Station-5kms, Busstand in the Township

Vidyanagar



For Details Contact:  
Dr.Gangamma.K. Dr.Prashanthkumar.G.N  
President Secretary  
94487 17620 91646 58658

### ಪ್ಲಾಸ್ಟಿಕ್ ತ್ಯಜಿಸಿ - ಪರಿಸರ ಉಳಿಸಿ



ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಪ್ರಾರ್ಥನೆ

ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ,  
ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ,  
ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,  
ಎಲ್ಲರೂ ದುಃಖದಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,  
ಎಲ್ಲಾ ಆಸೆ ಆಮಿಷಗಳನ್ನು ಮೀರಿ  
ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.

IMA PRAYER

May everybody be happy  
May everybody be healthy  
May everybody be free from pain  
May everybody be free from sorrow  
May we be the healing cure  
Beyond every greed & lure

### FLAG SALUTATION

We, the members of Indian Medical Association stand here  
to salute our national flag.

Its honour and glory shall be our light and strength  
and its course shall be our course.

We pledge our allegiance to it and realizing our responsibilities as the  
accredited members of this national organization, we swear  
we will dedicate everything in our power to see  
it fly high in the comity of nations.

Jai Hind !

Long Live IMA!



# 86<sup>th</sup> MEDICON IN OCTOBER 2020

Hosted by  
**IMA SIRUGUPPA BRANCH**

On  
**16-10-2020- For Business Hours**  
**17-10-2020- For Conference**  
**18-10-2020- For Conference**

At  
**Jindal Vidyanagar, Toranagallu Township. Ballari.**

**IMA State President:**

Dr. Madhusudhana Kariganuru

**IMA Siruguppa President :**

Dr. Gangamma. K.

9448717620

**IMA Siruguppa Secretary:**

Dr. Prashanthkumar.G.N.

9164658658

**Treasurer :**

Dr. Shashikumar

**Scientific Committee:**

Dr. Rajesh Bandagi

Dr. Narendra. B.M.

**Patrons**

Dr. Naryanappa. B.

Dr. Jayaramareddy. M.

Dr. M.G.Hallur

**Organizing Chairman :**

Dr. Achuthakumar. C.

**Organizing Secretary :**

Dr. Manojkumar. B.

**Registration Committee:**

Dr. Basavaraja Dammur

Dr. Veerendra.K.G.

**Reception Committee:**

Dr. Madhaviatha.G.

Dr. Jyothi Palled

Dr. Sujatha Sugur

Dr. Annigeri

**Stage and Audio:**

**Dr. Jagannath.**  
**Dr. Vidyashree. M.**  
**Dr. Radhadevi**  
**Dr. Thippeswamy**

**Cultural Committee:**

**Dr. Eranna. B.**  
**Dr. Akshatha C.**  
**Dr. Narayanareddy. S.**  
**Dr. Jayalakshmi.**

**Souvenir :**

**Dr. Sathish.**  
**Dr. Surekha**  
**Dr. Irfan**  
**Dr. Manik Choudary**

**Accommodation :**

**Dr. Ravindranath G.**  
**Dr. Maheshkumar.**  
**Dr. L.Veerareddy.**

**Banquet and Food :**

**Dr. Jaleel. K.**  
**Dr. Prabhavathi.H.S.**  
**Dr. Mohammad Ghouse**

**Advisory Committee :**

**Dr. Honnegowda**  
 IMA KSB Past State President.  
**Dr. Yoganandareddy.Y.C.**  
 IMA KSB Past State President.  
**Dr. Aruna Rao**  
 IMA KSB Past State Vice President  
**Dr. Arun.S.K.**  
 President, IMA Ballari

**Dr. Basavanagouda**  
 President IMA Sindhanuru  
**Dr. C.B.Chinvalar**  
 President IMA Gangavathi  
**Dr. G.M. Someshwar**  
 IMA Hosapete

**Conference Office**

**Dr. Manoj Kumar B**  
 Organizing Secretary,  
 86th IMA Karnataka State Annual Medical Conference (MEDICON-2020)  
 Madhu Shashtra Chikitsalaya,  
 Near Ambrutheshwara Temple,  
 Siruguppa - 583121, Ballari Dist.  
 Mob.: 9591156738  
 E-Mail : bmanoj.dr@gmail.com,  
 Web : www.imakarnataka.in



# 86<sup>th</sup> MEDICON 2020

Hosted by IMA SIRUGUPPA BRANCH, On 17 & 18 October 2020

## REGISTRATION FORM

Conference office: **Dr. Manoj Kumar B**, Organizing Secretary, 86th Medicon 2020

Madhu Shashtra Chikitsalaya, Near Ambrutheshwara Temple, Siruguppa - 583121, Ballari Dist.

Mob.: 9591156738 | E-Mail : bmanoj.dr@gmail.com, | Web : www.imakarnataka.in

Doctor Name : \_\_\_\_\_

IMA Membership No.: \_\_\_\_\_

Branch : \_\_\_\_\_ State : \_\_\_\_\_

Address : \_\_\_\_\_

\_\_\_\_\_ Pin. \_\_\_\_\_

Mobile : \_\_\_\_\_ Email : \_\_\_\_\_

Payment : DD/Cheque No. \_\_\_\_\_ Dtd. \_\_\_\_\_

Bank \_\_\_\_\_

Date : .....

Plate : .....

Signature : .....

### Payment Details :

- Mode of Payment ..... Instrument No. ....
- Transaction Date ..... Transaction No. ....
- Total Amount ..... **PLEASE E-MAIL TRANSACTION RECEIPT.**

**Name of the Account : Indian Medical Association, Siruguppa Branch**

**Name of the Bank : State Bank of India, Siruguppa Branch**

**Account Number: 64012031122 / IFSC Code: SBIN0040119**

### Tariff for the delegation

Category	1-2-2020 till Conference	Spot Registration
IMA Members	4000/-	4500/-
Reception Committee member	Rs10,000/-	Rs10,000/-
Accompanying Person	Rs 3500/-	Rs 3500/-



During your lifetime you will eat about the weight of 6 full grown elephants.



## IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME (R)

[imakpps@gmail.com](mailto:imakpps@gmail.com)

IMA KPPS

**IMA HOUSE, Aluru Venkata Rao Road, BENGALURU. CELL-8197330598 Ph. 080-26705447**

- \* IMA-KPPS will look after your worry on your professional Negligence ,Name, Shame and Prestige.
- \* Do not forget to inform any untoward happening in your Professional conduct to IMA KPPS Office bearers by Phone Or Post.
- \* Test and Trust IMA KPPS, Your Friend,Well Wisher,Protector, Savior.
- \* IMA KPPS is at a Phone Call Distance.
- \* Maintain Professional Ethics ,Code Of Conduct, Conduct Yourself Diligently

**NEGLIGENCE IS PUNISHABLE. PREVENT DISEASE. PROTECT LIFE. IF CURE IS NOT POSSIBLE. DO NOT HARM PLEASE**

For membership Application forms contact the office of IMA KPPS at Cell no.8197330598,on Working days during working Hours. For any Clarifications contact the office bearers of IMA KPPS.

**MEMBERSHIP FEES: Admission fee Rs.200/- (Common to all new admission or on re-admission)**

Minimal Risk	Less for 5yrs. Enrollment	Moderate Risk	Less for 5yrs. Enrollment	High Risk	Less for 5yrs. Enrollment	Indemnified
Family Physician With MBBS		Specialist MS/MD		Super Specialist M.Ch/DM OB & Gynecology, Interventionists Orthopedics, Anesthetists		
Rs.600	Rs.150	Rs.900	Rs.225	Rs.1200	Rs.300	Rs.5,00,000
Rs.1000	Rs.250	Rs.1500	Rs.375	Rs.2000	Rs.500	Rs.10,00,000

# Members can pay up to 5years in advance and claim 5% rebate on the total amount payable

# CONSUMERS DEMANDS ARE INCREASING. Doctors to be Vigilant, Maintain Proper record.

# It is desirable to obtain indemnity for 10 lakh by all and for (5)five years.

**Dr. Honnegowda**

Chairman, 9448118299 / 6363026500  
tellohnegowda@gmail.com

**Dr. N. Dhanpal**

Hon Secretary, 9342161266  
ndhanpal@gmail.com

**A Book "Legal and Ethical Principals in Medical Practice and Negligence, "in Medical written by Dr.D.Somashekharaiiah, Chairman, IMA-KPPS is available for sale at Rs100/-per book. Of bulk order is available inclusive of postage**

### CODE OF MEDICAL ETHICS

**Regulation to the Professional Conduct Etiquette and Ethics(As per IMC Act 1956 revised and gazetted in 2002)**

Rice contains no fibre at all.



## IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME (R)

As per Karnataka Co-operative Society Act 1960, Our IMA KPPS Registered at  
Dist. Register Co-operative Firms and Societies, Bangalore Urban Dist.  
**Certificate No. DRB 2/SOR/179/2019-20 dated 09.01.2020.**

**Dr.Honnegowda**

Chairman  
9448118299  
telhonnegowda@gmail.com

**Dr. N. Dhanpal**

Hon. Secretary  
9342161266  
ndhanpal@gmail.com

**Dr. J. Sharanappa**

Hon. Treasurer  
9448924466  
janthakals@gmail.com



ಕರ್ನಾಟಕ ಸರ್ಕಾರ  
ಸರ್ಕಾರ ಇಲಾಖೆ



ಸಂಘಗಳ ಜಿಲ್ಲಾ ನೋಂದಣಾಧಿಕಾರಿಗಳ ಕಛೇರಿ  
ಎರಡನೇ ವಲಯ, ಬೆಂಗಳೂರು ನಗರ ಜಿಲ್ಲೆ  
ಸಂ.146, "ಸರ್ಕಾರ ಸೌಧ" ೩ನೇ ಅಡ್ಡ ರಸ್ತೆ,  
ಮಾರ್ಗೋಪನಾ ರಸ್ತೆ, ಮಲ್ಲೇಶ್ವರಂ,  
ಬೆಂಗಳೂರು-560 003.

09-01-2020  
ದಿನಾಂಕ: -----

**ನೋಂದಣಿ ಪ್ರಮಾಣ ಪತ್ರ**

ನೋಂದಣಿ ಸಂಖ್ಯೆ: **DRB-2/SOR/179/2019-20**

ಕರ್ನಾಟಕ ಸಂಘಗಳ ನೋಂದಣಿ ಕಾಯ್ದೆ 1960 (1960 ನೆಯ ಇಸವಿ 17ನೇ ಕ್ರಮಾಂಕದ  
ಕರ್ನಾಟಕ ಅಧಿನಿಯಮ) ಮೇರೆಗೆ ಈ ಕೆಳಕಂಡ ಹೆಸರಿನ -----  
" ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಕರ್ನಾಟಕ ವೃತ್ತಿ ಸಂರಕ್ಷಣಾ ಯೋಜನಾ ಸಂಘ "

-----  
ಐಎಂಎ ಭವನ, ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘ, ಕರ್ನಾಟಕ ರಾಜ್ಯಲಾಠಿ, ಆಲೂರು  
-----  
ವೆಂಕಟರಾವ್ ರಸ್ತೆ, ಚಾಮರಾಜನಗರ, ಬೆಂಗಳೂರು- 560 018.

-----

ಸಂಘವನ್ನು ನೋಂದಾಯಿಸಲಾಗಿದೆ ಎಂದು ಈ ಮೂಲಕ ಪ್ರಮಾಣೀಕರಿಸುತ್ತೇನೆ.

ನೋಂದಣಿ ಶುಲ್ಕ ರೂಪಾಯಿ (ಅಂಕಿಗಳಲ್ಲಿ)ರೂ. ----- 1000/-  
-----  
(ಅಕ್ಷರಗಳಲ್ಲಿ ----- ಒಂದುಸಾವಿರ ಮಾತ್ರ -----) ಗಳನ್ನು ಪಾವತಿಸಲಾಗಿದೆ.

ಎರಡುಸಾವಿರದ ಇಪ್ಪತ್ತು ----- ಇಸವಿ ----- ಜನವರಿ ----- ತಿಂಗಳು  
----- 09 ----- ನೇ ದಿನಾಂಕದಂದು ನನ್ನ ಸಹಿ ಮತ್ತು ಮುದ್ರೆಯೊಂದಿಗೆ ನೀಡಲ್ಪಟ್ಟಿದೆ.

-----  
ಸಂಘಗಳ ನೋಂದಣಾಧಿಕಾರಿಗಳು  
ಸಂಘಗಳ ಜಿಲ್ಲಾ ನೋಂದಣಾಧಿಕಾರಿಗಳು,  
ಎರಡನೇ ವಲಯ, ಬೆಂಗಳೂರು ನಗರ ಜಿಲ್ಲೆ.





## IMA'S KARNATAKA STATE HEALTH SCHEME

[imakshs@gmail.com](mailto:imakshs@gmail.com)

IMA KSHS

[www.imahealthscheme.org](http://www.imahealthscheme.org)

A doctors mutual health contribution scheme will give  
peace of mind in knowing that you are protected from most of these costs

Don't wait until you or a family member becomes seriously ill to try to purchase health insurance.

The Admission fee details is as follows

Age in Years	Total Amount, At the time of joining (1 <sup>st</sup> Year)	The Amount to be paid every year (2 <sup>nd</sup> Year onwards)
Children below 25 yrs	Rs. 4000.00	Rs. 3000.00
Below age of 35 yrs	Rs. 5000.00	Rs. 4000.00
Below age of 45 Yrs but above 35 Yrs	Rs. 7000.00	Rs. 5000.00
Below age of 55 Yrs but above 45 Yrs	Rs. 9000.00	Rs. 6000.00
Below age of 65 Yrs but above 55 Yrs	Rs. 11,000.00	Rs. 7000.00
Below age of 75 Yrs but above 65 Yrs	Rs. 13,000.00	Rs. 8000.00
Below age of 85 Yrs but above 75 Yrs	Rs. 15,000.00	Rs. 9000.00

### LOCK IN PERIOD

- Founder member** :- shall have the benefit of the scheme **six months** after joining the scheme or immediately after launching the scheme whichever is longer.
- All the **ordinary members** and **beneficiary members below the age of 65** on joining shall have the benefit of the scheme after **12 months** of joining the scheme or immediately after launching the scheme whichever is longer.
- All the **ordinary members** and **beneficiary members above the age of 65** on joining shall have the benefit of the scheme **after 24 months** of joining the scheme or after launching the scheme whichever is longer.

### NO CASHLESS SERVICE ( They have to pay their bills themselves & Claim later )

- \* No advance payment will be made to the members
- \* Members will be given **reimbursement of 75% of total amount** of the bill not exceeding the sum limited to each disease.
- \* If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.
- \* A member will get a maximum of benefit of Rs.2 Lakhs in one year.

The scheme is launched on 1st of July 2017 on the Doctors day Celebration at Bengaluru.

**Dr. Chinivalar. V. V.**  
Chairman 94481 22978  
drvvc2011@gmail.com

**Dr. Raghavendra Vimali**  
Treasurer 9902992666  
vimali@yahoo.com

**Dr. Amaresh M.**  
Hon. Secretary, 9448120433  
dramaresh.m@gmail.com

Contact Address : The Secretary's office, Shushrusha Nursing home, LG Road near , Mahaveer circle, GANGAVATHI-583227

Rice needs more water to grow than any other crop.



## IMA'S KARNATAKA SOCIAL SECURITY SCHEME



IMA House, Bailappanavar Nagar, Hubballi-29 IMA KSSS

Phone no. 0836-235 56 56

[www.imaksshubli.org](http://www.imaksshubli.org)

ENROLL YOUR MEMBERSHIP FOR IMA KSSS  
OLD EXISTING & SILVER JUBILEE SCHEME

**"EACH ONE GET ONE"**

### ADMISSION FEE STRUCTURE FOR OLD EXISTING & NEW SILVER JUBILEE SCHEME



KSSS Silver Jubilee Scheme Exgracia  
Cheque worth Rs 28,37,500/-  
handed over to bereaved family of Late  
Dr Laxminarayan Reddy by IMA Ballari.



Demise of Smt. Mangala Kale member of  
IMA KSSS Silver Jubilee (Naregal). Excreatia amount  
of 28lacks to the bereaved Family dispersed by  
IMA Members of Ron Branch. Dr S B LAKKOL

**Recent death claim benefit given under  
Silver Jubilee Scheme is Rs. 28,37,500/-**

Age in Yrs	Below 30	Betwn 31-35	Betwn 36-40	Betwn 41-45	Betwn 46-50	Betwn 51-55	Betwn 55-60
Fee for Existing old Scheme	Rs 11700/-	Rs 12200/-	Rs 12700/-	Rs 20700/-	Rs 23700/-	Rs 28700/-	Rs 36700/-
Fee for Silver Jubilee Scheme	Rs 22700/-	Rs 24700/-	Rs 26700/-	Rs 31700/-	Rs 38700/-	Rs 47200/-	Rs 57700/-

Chairman

**Dr.Yoganandareddy.Y.C**

Mo : 9844085120

Joint Secretary

**Dr.S.B.Lakkol**

Mo : 9448560400

Joint Secretary

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**GGIRHR**

(A UNIT OF GARBHAGUDI IVF CENTRE)

## GarbhaGudi Institute of Reproductive Health and Research


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For all Doctors interested  
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📍 **GGIRHR - A unit of GarbhaGudi IVF Centre,**  
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## Galore



President & Secretaries meet at New Delhi



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